

What are Odyssey's Multicultural Programs?

Our Multicultural Programs are specialised alcohol and other drug services for people from culturally and linguistically diverse communities in Western and South-Western Sydney.

We focus on each person's strengths with understanding and respect for culture. Our services are delivered in more than 20 different languages.

What we offer:

- Alcohol and other drug counselling
- Individual support
- Bilingual health professionals
- Access to translating and interpreting services.

Odyssey's Multicultural Programs deliver a range of other services, including culturally appropriate health promotion, research and community development projects and resources to support individuals, families and communities.

You can speak to a bilingual counsellor in languages including:

- Akan
- Arabic
- Bahasa Indonesia
- Bengali
- Cantonese
- Dari
- English
- Ewe
- Farsi
- Ga
- Hindi
- Khmer
- Liberian Creole
- Mandarin
- Pashto
- Samoan
- Sinhalese
- Teo Chiew
- Tongan
- Urdu
- Vietnamese
- Some African languages



Odyssey House NSW provides rehabilitation services to address harms associated with alcohol and other drug use.

Since 1977, we have built a comprehensive network of specialised withdrawal and rehabilitation programs through residential and community service hubs across NSW.

Our professional staff provide trauma informed care to support clients to develop the skills to meet their physical and emotional needs, reconnect with family and strengthen social connections.

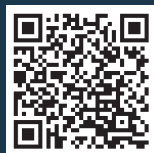
Odyssey Multicultural Programs are funded by:

- South Western Sydney PHN
- Western Sydney PHN
- NSW Ministry of Health

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ODYSSEY HOUSE
NEW SOUTH WALES


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Multicultural Programs

A culturally respectful support service helping people reduce alcohol and other drug issues.





“I feel myself moving forward each day...the support I have is really amazing.”

- Odyssey Multicultural Programs client

How the program works

We see cultural identity, family and community as positive and supportive factors in each person's recovery. We support people to reconnect to their culture and gain confidence.

What support you will receive:

- Individual alcohol and drug counselling in more than 20 languages.
- Resources and supports for families and communities.
- Ongoing check ins with a case worker after your initial counselling.
- Referrals to health, legal and community support services.
- Education, research and resources that support your community.

Our services are designed to help you feel safe, understood and supported. We support your cultural identity and provide education to help navigate laws and cultural customs in Australia.

We also offer a program called **Transitions** for people about to leave prison from diverse cultural and language backgrounds, impacted by alcohol or other drugs. The program supports them to reintegrate into their communities.



How you can join the program

You can refer yourself, or you might be referred by:

- health services
- community organisations
- family or friends
- community spiritual leaders
- corrective services
- court diversion programs

Connecting you with further supports

As part of the program, we can connect with you supports including:

- visa services
- shelter and housing
- support in domestic violence situations
- medical support
- food aid
- disability services
- language support and training
- employment services
- education programs
- navigating the child support system
- legal support
- cultural organisations
- religious organisations